



In-School Solutions

Call a CATCH Specialist
for quotes and training information:

800-793-7900

ELEMENTARY SCHOOL (K-5)

CATCH K-5 Classroom & PE Activity Box Set Item 12612 850.00 set

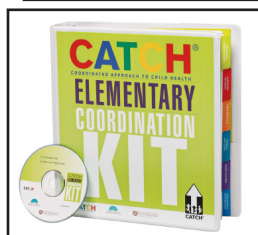
Includes Teacher's Manuals (Curriculum Books) for Kindergarten thru 5th grade, covering the importance of healthy eating and activity. You also receive the P.A.S.T. Diabetes Supplement; F.A.C.T.S. Tobacco Supplement; Eat Smart Nutrition Program Guidebook; and K-2 and 3-5 Activity Boxes along with the PE Teacher's Guidebook.



CATCH K-5 Classroom, Activity Kit, and Equipment Package

Item 11381 3395.00 set

(1) K-2 Activity Box • (1) 3-5 Activity Box • (12) K-5 Curriculum Books (includes Student Workbooks and Supplement Books) • 1 PE Guidebook • 3rd Grade Video • 3 Nutrition & Circulatory System Posters • 3 Classroom Poster Sets • 3 Reward Sticker Sets • 1 Welcome Banner • 20 Playground Balls • 24 Jump Ropes • 12 Footballs • 20 Basketballs • 20 Soccer Balls • 2 Base Sets (8 pieces total) • 2 Batting Tees • 32 Plastic Softballs • 32 Foam Softballs • 2 Fat Bats & Balls • 2 Foam Bats • 16 Beanbags • 16 Cones • 32 Pinnies • 3 Music Compact Discs • 12 Spot Markers • 1 Communication Drum • 32 Flying Discs • 1-24' Parachute • 24 Floater Volleyballs • 8 Synthetic Volleyballs • 20 Aerobic Steps • 24-30" Hoops • 24 Scarves • 20-7" Lollipop Paddles • 12 Shuttlecocks • 24 Fleece Balls • 144 Balloons • 12-16" Beach Balls • 1 CATCH Character Spots Set • 16 Mesh Storage Bags



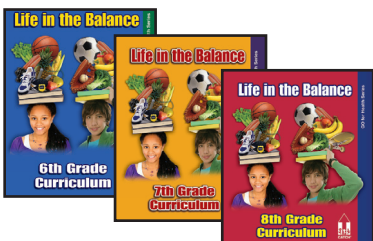
CATCH K-5 Elementary Coordination Kit Item 18049 225.00 set

Provides all the instructions and resources needed to put the CATCH program into action at your elementary school. Kit includes a Coordination Guide that is organized around six 6-week periods. The first 6-week period is designed for the CATCH Team to get organized. The next 24 weeks involves theme-driven school-wide coordination, with lead roles in six school areas — administration, teachers, cafeteria staff, PE, specialized support and parents. The CATCH Team then has the last 6 weeks of the school year to wrap up and plan for the next year. Within each 6-week period, specific star tasks are spelled out to offer guidance and support the school-wide coordination and implementation of CATCH. The materials, included in hard copy and electronically on the CATCH CD-ROM, are designed for easy, clear reproducibility.

MIDDLE SCHOOL (6-8)

CATCH 6-8 Activity Kit & Equipment Package Item 15019 1995.00 set

(1) 6-8 Activity Box • 1 PE Guidebook • 1-24' Parachute • 16 Cones • 36 Jump Ropes • 12-30" Hoops • 20 Rubber Basketballs • 16 Foam Softballs • 16 Beanbags • 20 Playground Balls • 16 Flying Discs • 6-Color Football Set • 6 Thera-Band Rolls • 24 Badminton Rackets • 2 Badminton Nets • 24 Shuttlecocks • 24 Hockey Sticks • 1 Keepers!™ Bucket Set (includes 36 Balls & Numbered Spot Markers) • 2 Z-Balls • 8 Colored Fleece Balls • 6 Mesh Storage Bags



CATCH Grades 6-8 Life in the Balance Curriculum

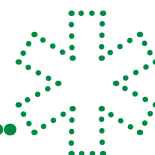
Item 18222 149.95 set of 3

These three curriculum books teach children in grades 6 thru 8 how to identify, practice, and adopt healthy eating and physical activity habits. It features age-appropriate lessons that have been designed to provide opportunities for hands-on learning either individually, in small groups, or as a class. Topics such as energy balance, screen time, target heart rate, added sugars in foods, and breakfast are covered using hands-on activities. Activities reinforce the skills needed to select and prepare healthful meals and snacks, guide physical activity patterns, and foster an environment of family support.



CATCH Middle School Coordination Kit Item 18091 225.00 set

The CATCH Coordination Kit provides all the instructions and resources needed to put the CATCH program into action at your middle school. See description for Item 18049 above.





After-School Solutions



All new & updated
resources and nutritional
guidelines including MyPlate!



CKC ACTIVITY BOX & NUTRITION
MANUALS WITH RESOURCE
CD-ROMS FOR GRADES K-5 & 5-8

- USER FRIENDLY
- EASY TO IMPLEMENT
- COST-EFFECTIVE
- NON-ELIMINATION
- FULLY INCLUSIVE
- EVIDENCE-BASED
- BEST PRACTICE
- GRANT SUPPORTED



CKC EQUIPMENT:

- » Custom packages available
- » Accommodates groups of 20 children or more
- » CATCH logos and colors help manage your groups
- » Visit FlagHouse.com/CKC for equipment options

CATCH KIDS CLUB FOR GRADES K-5 & 5-8

The **CATCH Kids Club Manual** features lessons organized into themes related to physical activity, nutrition, and screen-time reduction. A variety of teaching strategies is used including: movement activities, individual practice, educational games, goal setting, and hands-on snack preparation. **Each comes with a Resource CD-ROM with teaching materials and handouts for easy duplication and classroom distribution.**

The **CATCH Kids Club Activity Box** includes over 400 activity cards with detailed instructions for age-appropriate games that get kids moving and having a blast. **Also included is a specially-designed section with teaching techniques and ideas for adapting the activities for those with special needs.** This allows everyone to get active and be included in the fun! CKC offers colorful, developmentally-aligned equipment that coordinates with the activities, assists in group organization, and increases activity in the time allotted.

Item 12870 Manual for K-5 **94.95**

Item 18315 Manual for 5-8 **79.95**

Item 11483 Activity Box for K-5 **225.00**

Item 18318 Activity Box for 5-8 **225.00**

**Includes Manual + Activity Box
for one low price!**

Item 12931 CKC Set for K-5 **275.00**

Item 18320 CKC Set for 5-8 **275.00**

CATCH TRAINING IS AVAILABLE!

Training can range from 1-day sessions to 3-day (Train-the-Trainer) workshops, and depends on the format and type of training. These trainings teach your school and after-school personnel about coordinated school health programming, expand awareness of healthy eating and physical behaviors, and offer guidance in utilizing the CATCH resources that are available.

**Call us to discuss training options
and for specific quotes.**

Visit FlagHouse.com or call 800.793.7900 and speak to a CATCH Team member today!

